

FROM DATA

DESERTS

TO DATA

FLOODS

De-Mystifying Fidelity

Dr. Alexandra Walker



Not all Implementation is Equal

Intentional Implementation



Hoping

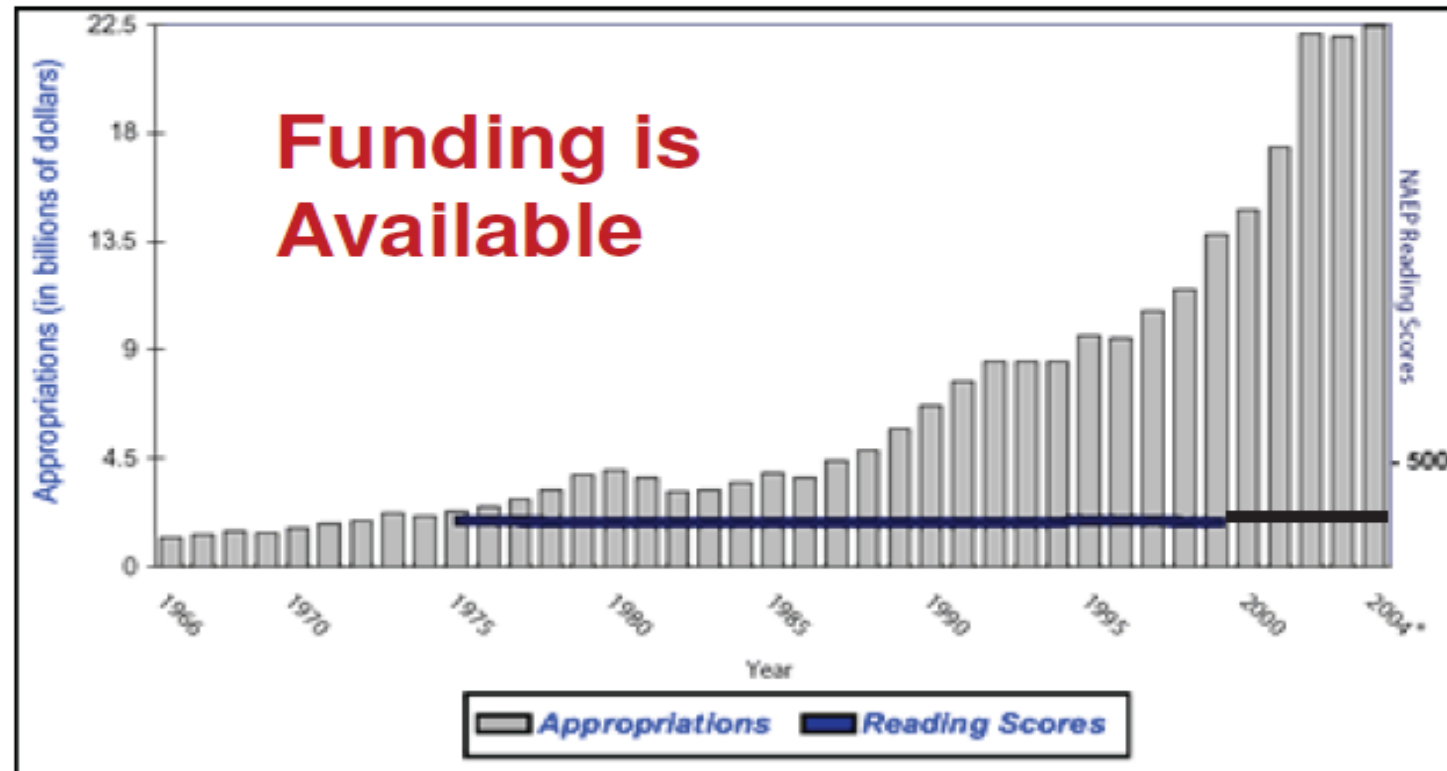


Helping



Making

Federal SPENDING on K-12 Education under the Elementary and Secondary Education Act and NAEP READING Scores (Age 9)





Hoping

Paper-level implementation

Checking the boxes

Changing the policy (but not the practices)

Monitoring compliance

Expecting others to do the work



Helping

Process-level implementation

Developing new operational procedures

Using new language

Classroom training

Counting important activities and events



Making

Performance-level implementation

New practices become normal habits rather than the new thing

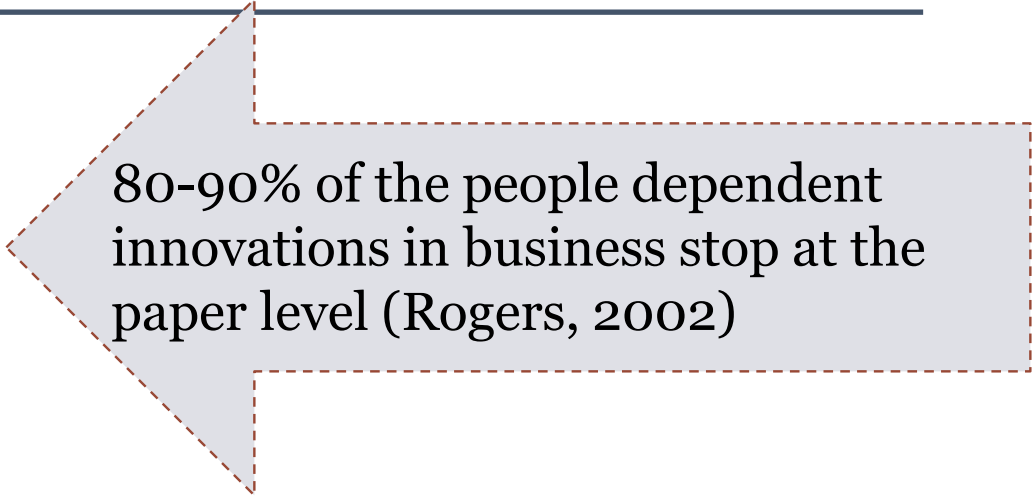
The habits become part of the culture

Ongoing feedback loops (Quality, Density, Time)

Implementation Science

Paper- Letting it happen

- Recipients are accountable
- New policies, forms, checklists
- Compliance monitoring



80-90% of the people dependent innovations in business stop at the paper level (Rogers, 2002)

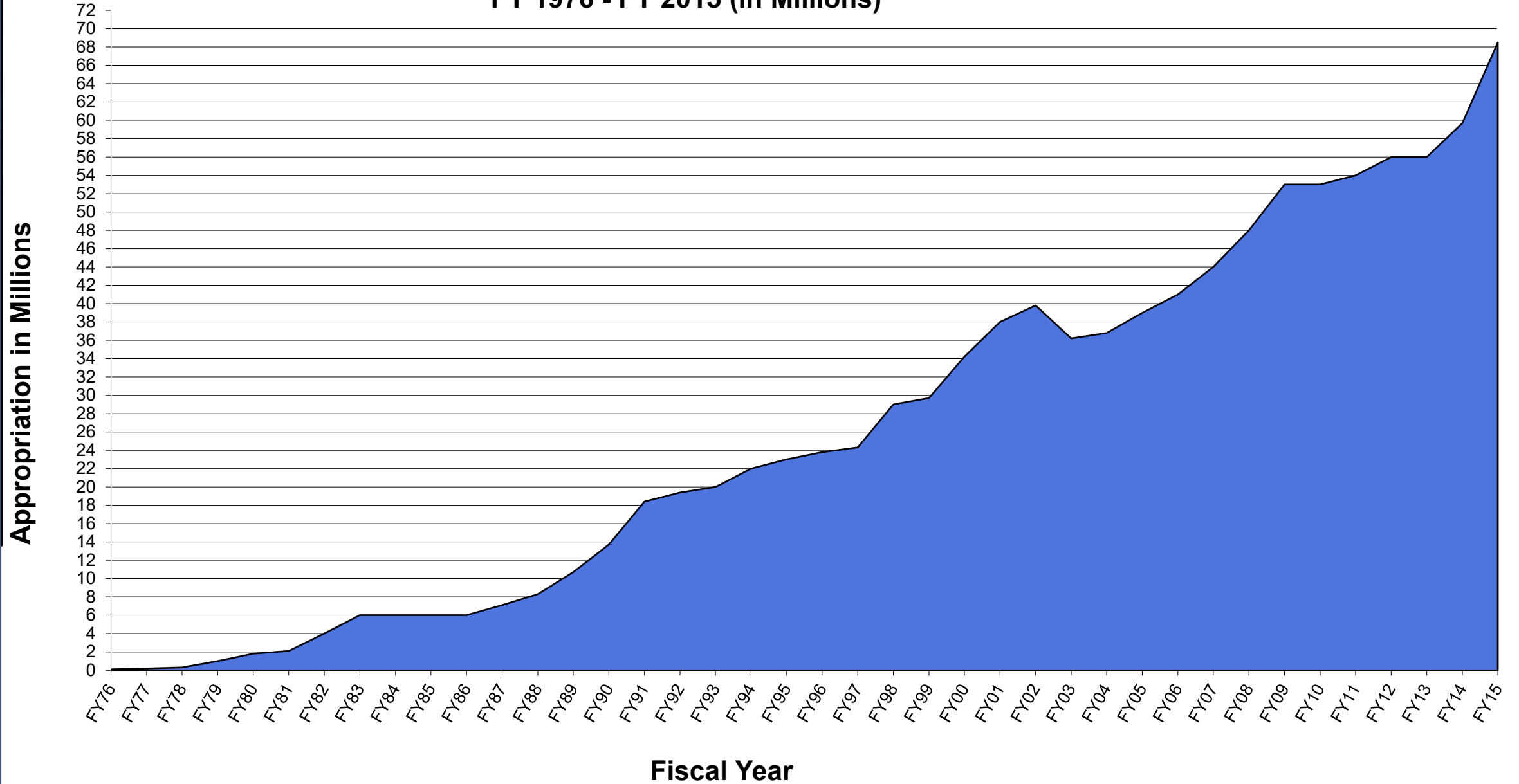
Process- Helping it happen

- Recipients are accountable
- Processes change with little operational impact
- Training, manuals, databases
- New language adopted

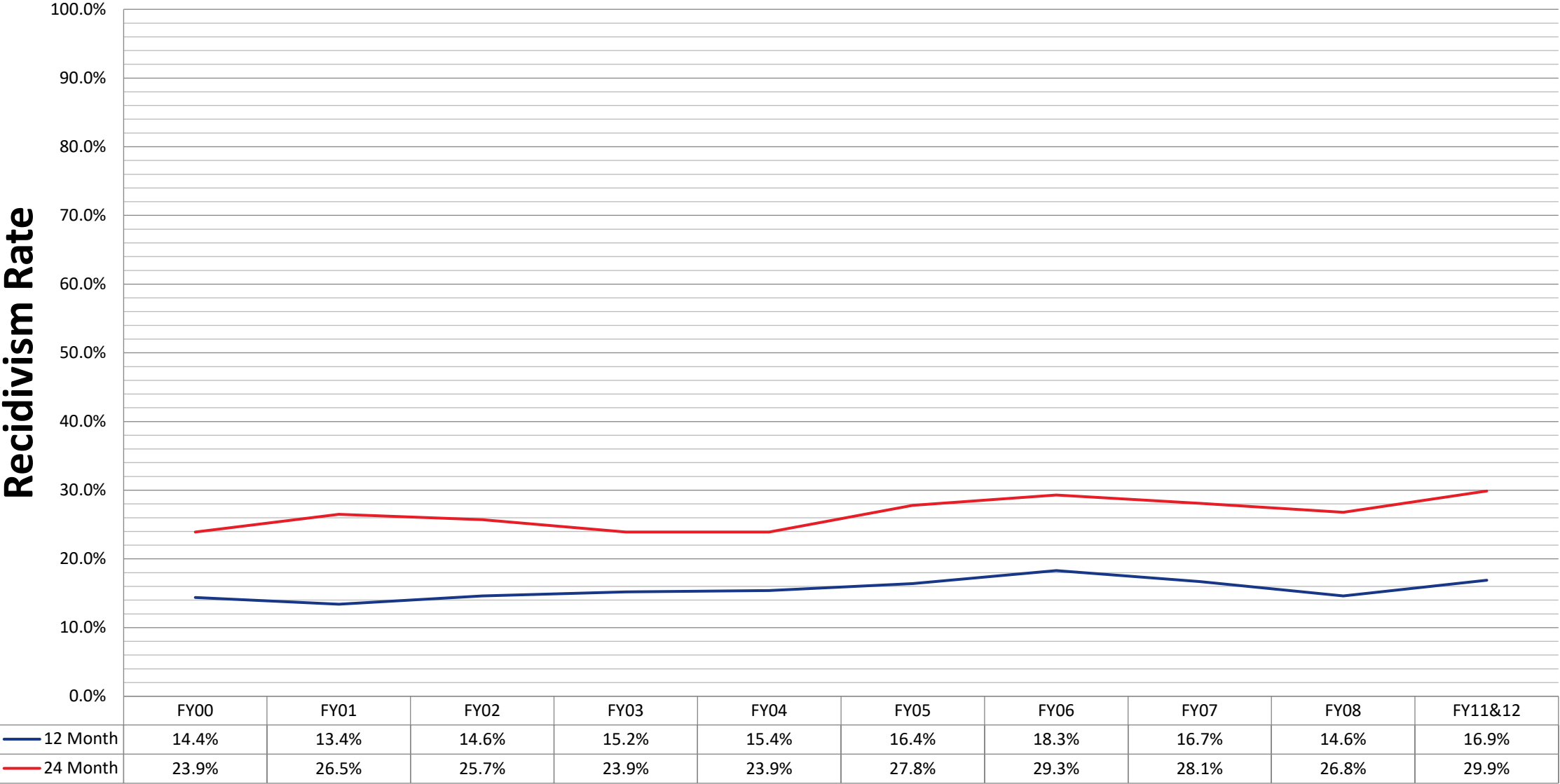
Performance- Making it happen

- Purposeful use of implementation practices and science
- Measure outcomes and produces benefits to consumers
- Implementation teams are accountable
- New practice is integrated into organizational culture (the new norm)

Community Corrections Appropriations FY 1976 - FY 2015 (In Millions)



**Recidivism Data in Community Corrections
Terminations from 2000 Through 2012**



TRADITIONAL IMPLEMENTATION PLANNING



- **HOW SOON CAN WE START?**
- **HOW FAST CAN WE GET THIS DONE?**
- **HOW MANY PEOPLE MUST WE TRAIN?**
- **WHERE DO WE START?**
- **WHEN WILL THE IMPLEMENTATION PROJECT BE "OVER?"**

5 DYNAMICS^(TM)

OF EFFECTIVE IMPLEMENTATION



- **Using training and coaching data to further develop staff, implementation team and leadership**
- **Building, adopting, using fidelity measurement tools**
- **Using fidelity data to gauge incremental progress**
- **Building or improving current data and data systems to accomplish these goals**
- **Implementation Dynamics Assessment - Using formal tools to measure our implementation approaches**

The background features a large, dark blue, stylized logo of the letters 'ACJI' in a serif font. The logo is partially obscured by a dark blue curved shape on the left and a lighter blue curved shape on the right. The word 'FIDELITY' is centered over the 'ACJI' logo in a bold, white, sans-serif font.

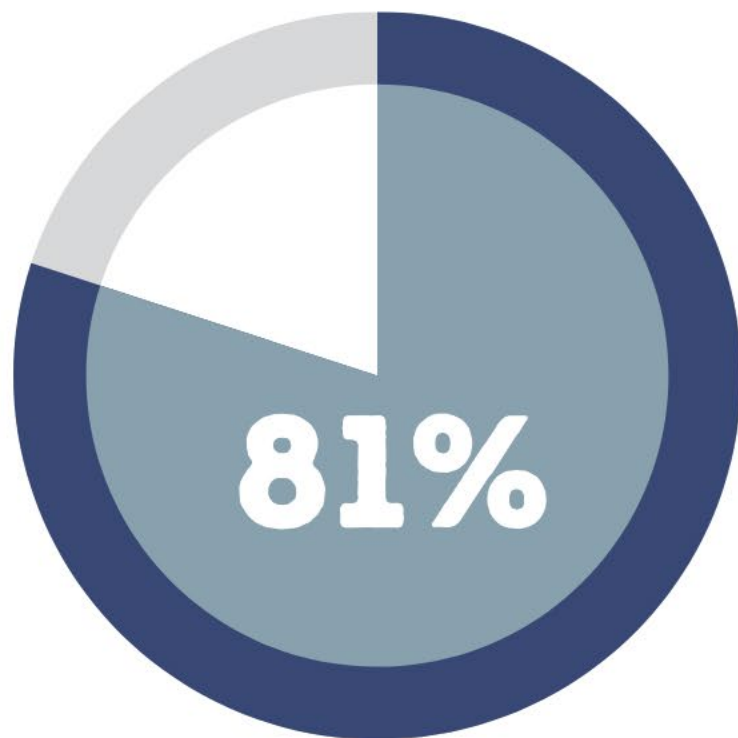
FIDELITY



FIDELITY MATTERS

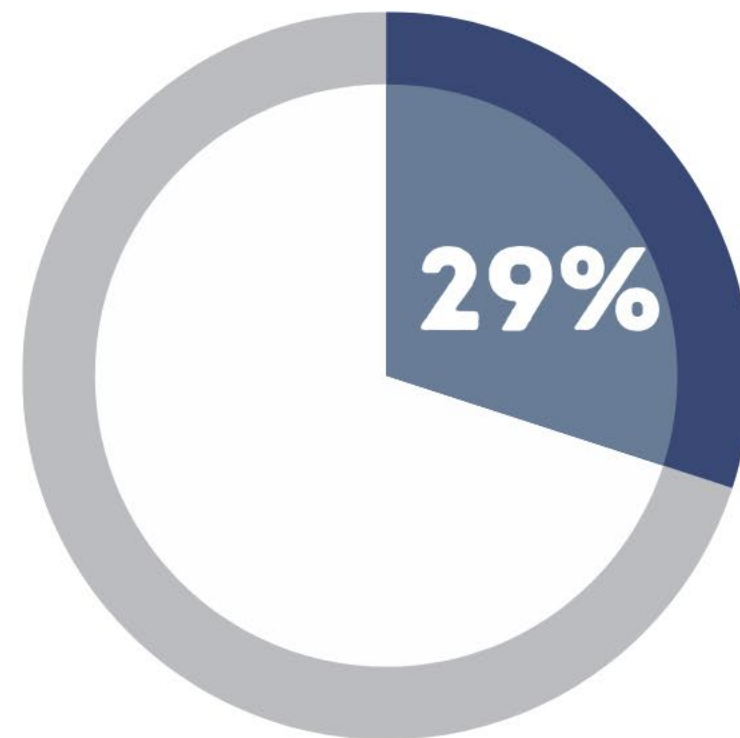
**DIALECTICAL BEHAVIORAL THERAPY (DBT) PLUS 12-STEP SUPPORT
(FOR OPIOID-DEPENDENT WOMEN)**

**HIGH-FIDELITY
THERAPISTS**



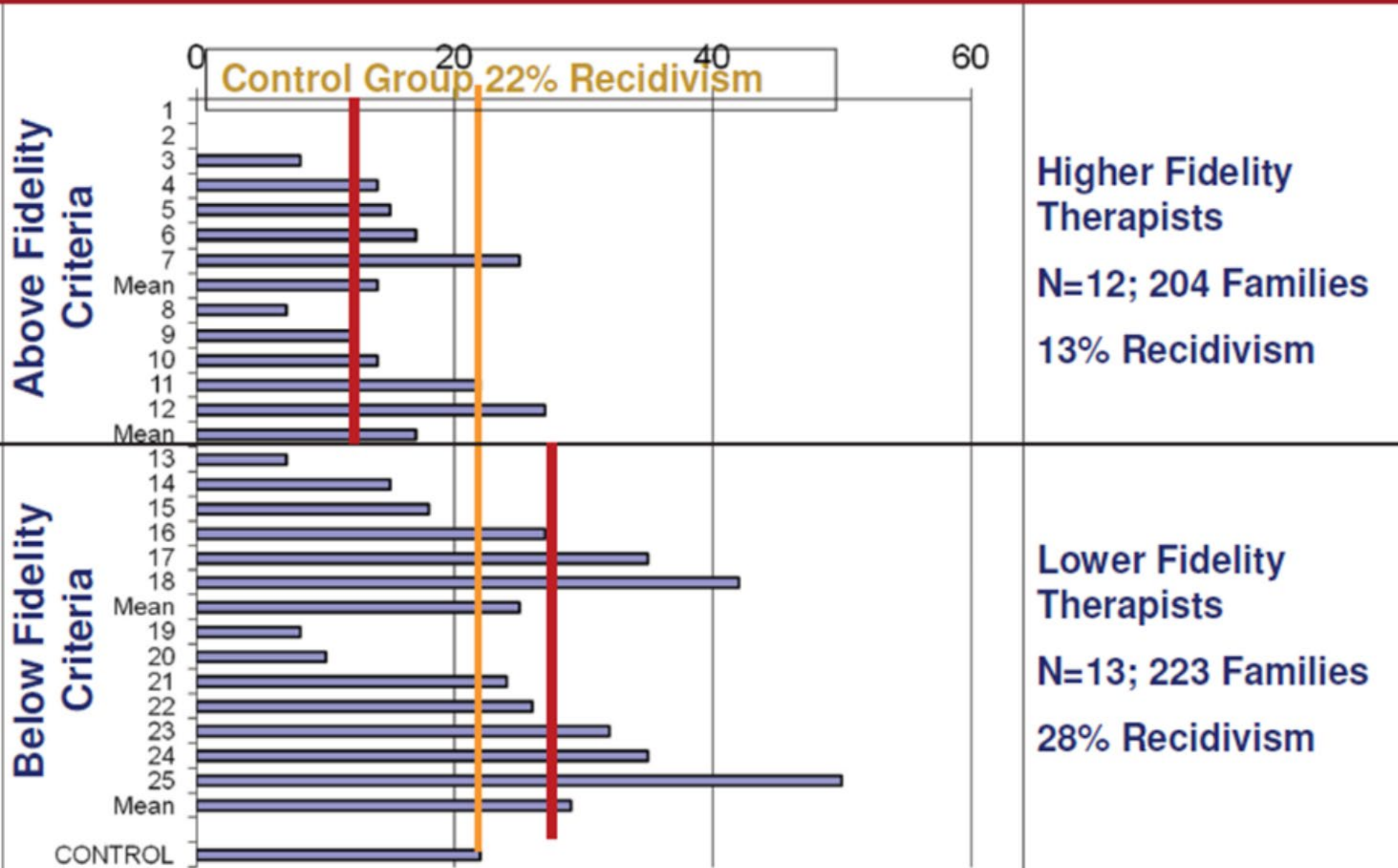
**ABSTINENCE
(DRUG FREE U/A)**

**LOW-FIDELITY
THERAPISTS**



Linehan, M. M., Dimeff, L. A., Reynolds, S. K., Comtois, K. A., Welch, S. S., Heagerty, P., & Kivlahan, D. R. (2002). Dialectical behavior therapy versus comprehensive validation therapy plus 12-step for the treatment of opioid dependent women meeting criteria for borderline personality disorder. *Drug and alcohol dependence*, 67(1), 13-26.

Functional Family Therapists (WSIPP)



FIDELITY

source: National
Implementation Research
Network (NIRN)

THE 3 ELEMENTS OF IMPLEMENTATION FIDELITY



Three Levels of Quality to Consider



Content (What am I doing?)

Does your policy, program, or practice align with your goals?

Can you explain the connection between problem and solution?

Does your solution address the problem?

Do you have all the necessary components?



Compliance (Am I doing it?)

What are the non-negotiables?

Are they clear for everyone? Are they measurable?

Are the non-negotiables happening as designed?

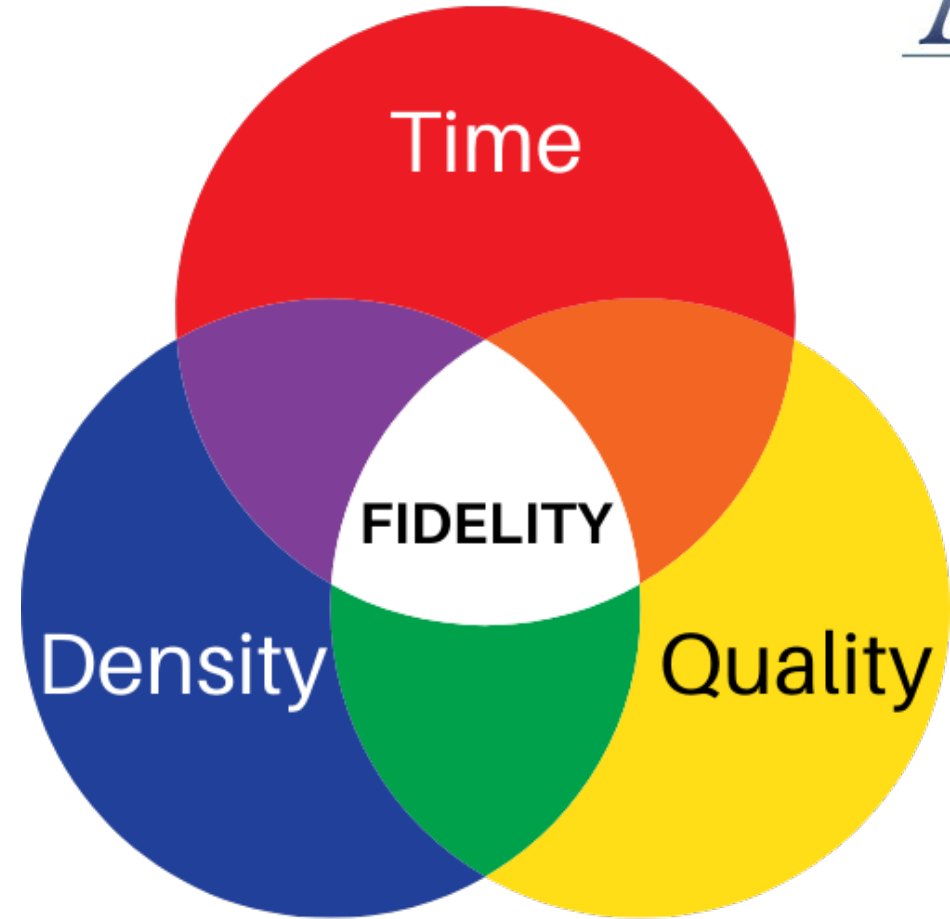


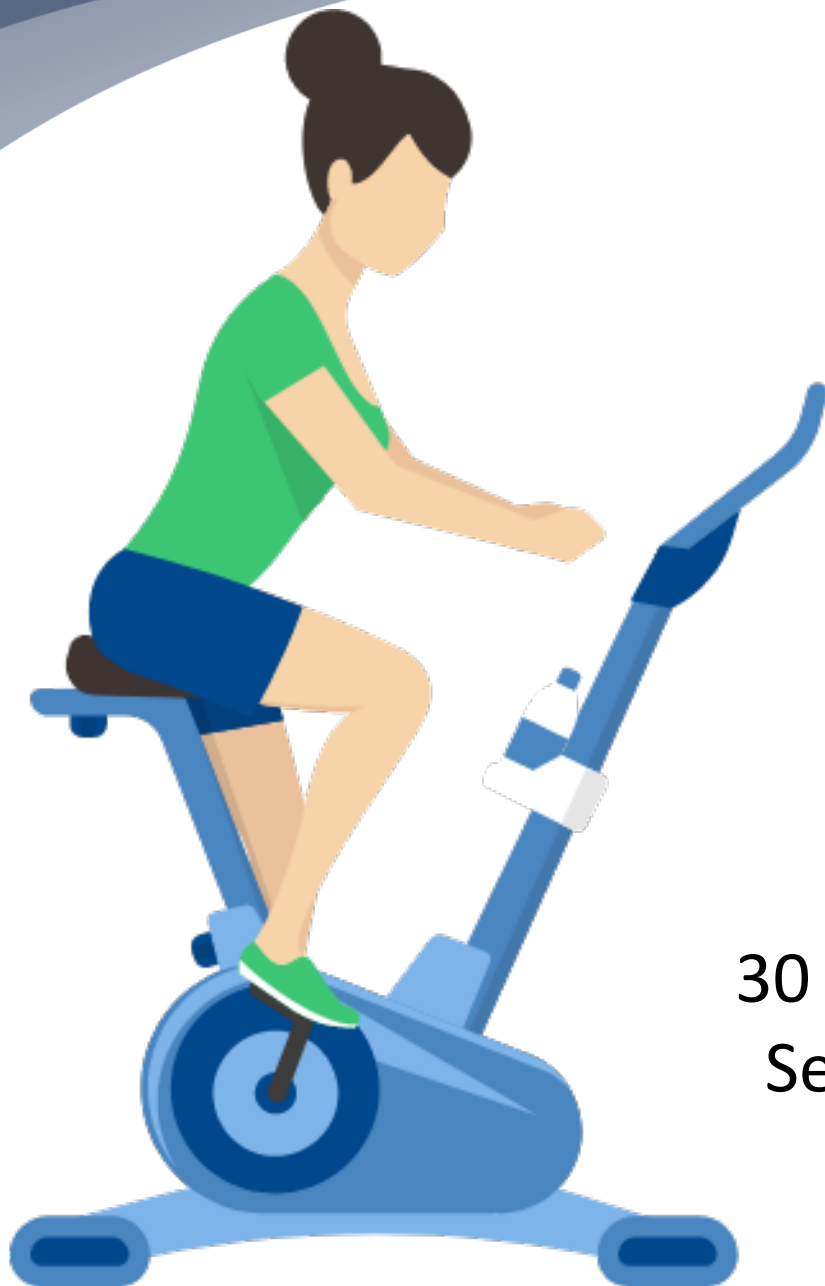
Competence (How well am I doing it)

How well things are being delivered?

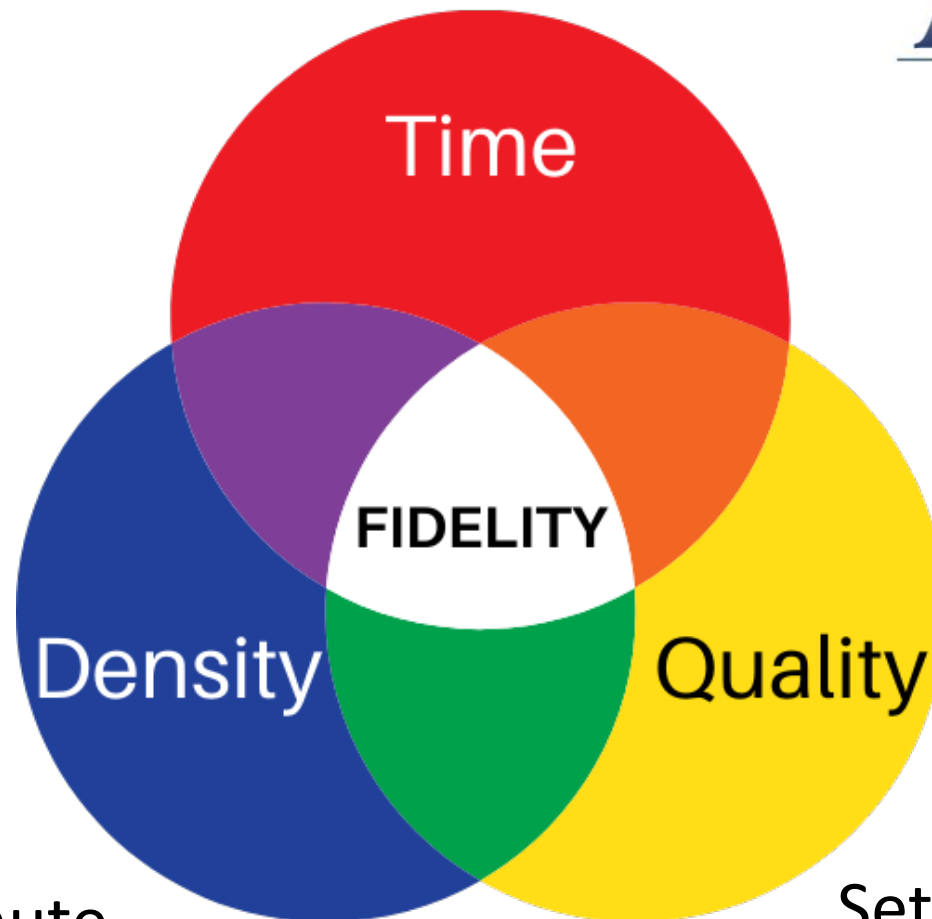
Do staff have the skills to deliver?

Are they doing it well?



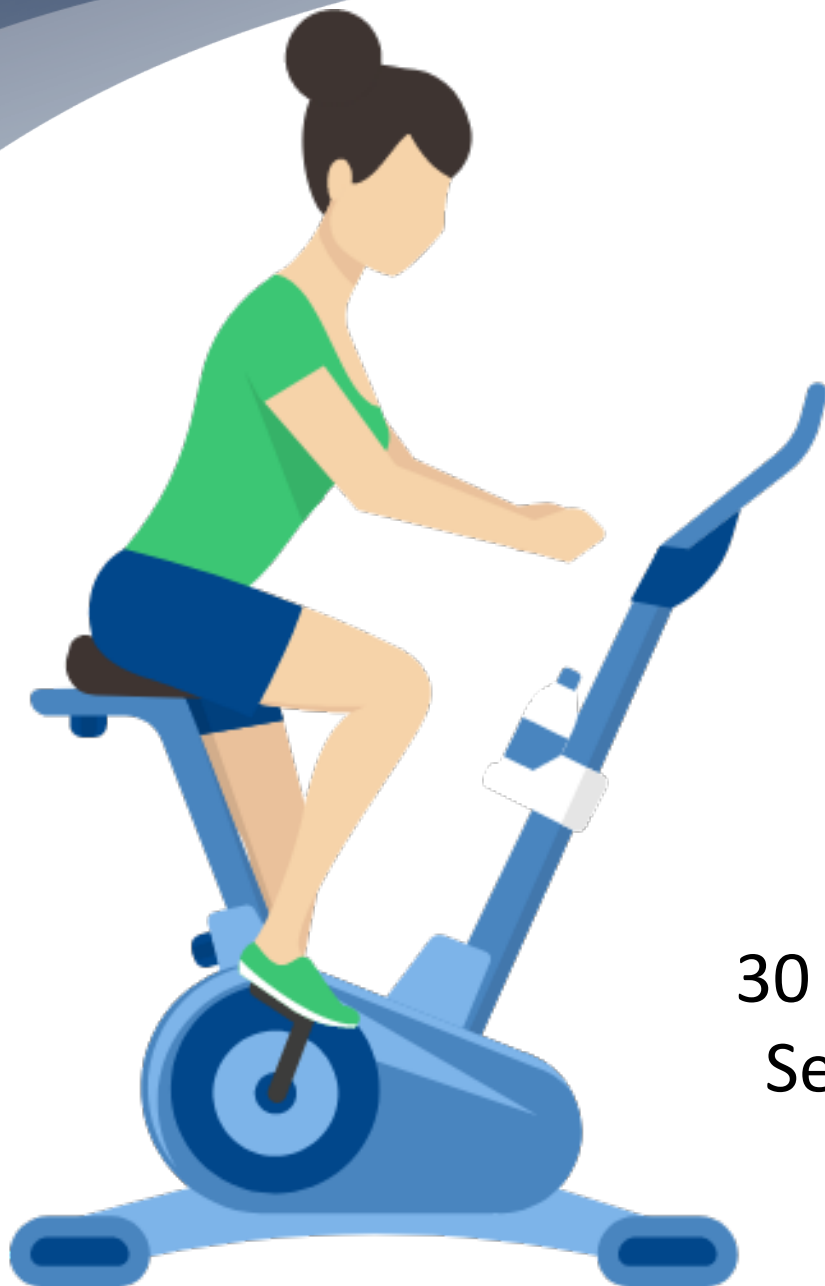


3 days

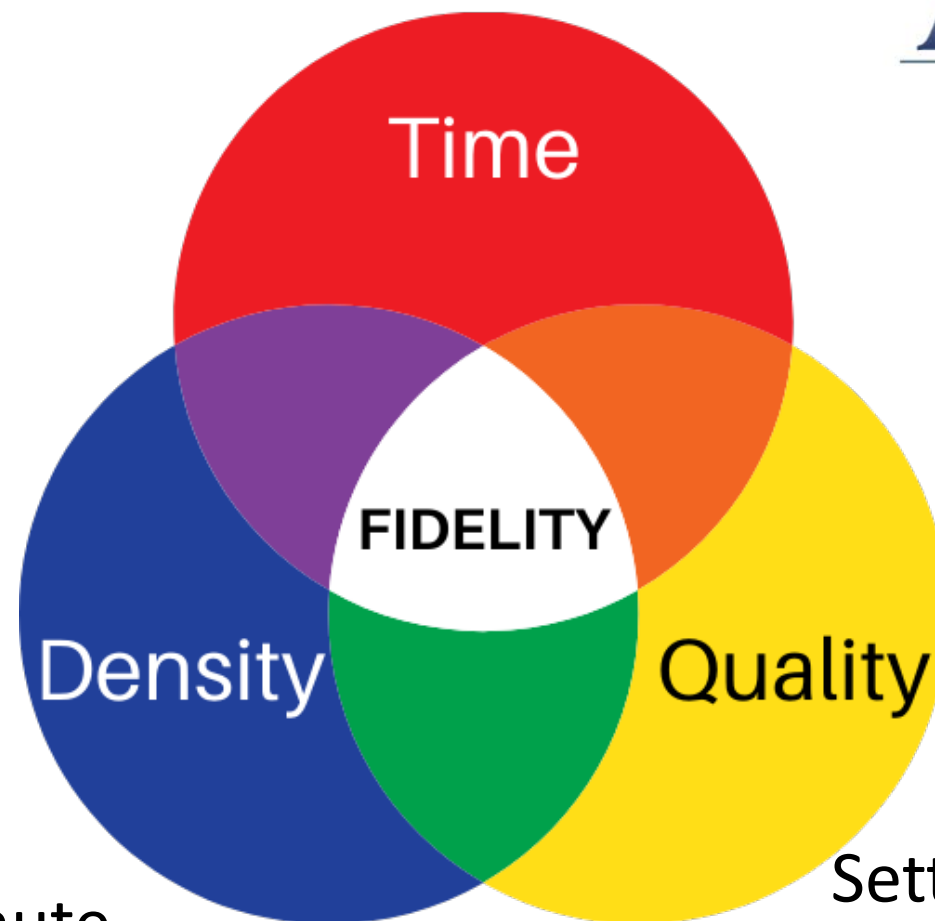


30 Minute
Sessions

Setting at 15,
Heart rate up,
lots of sweat

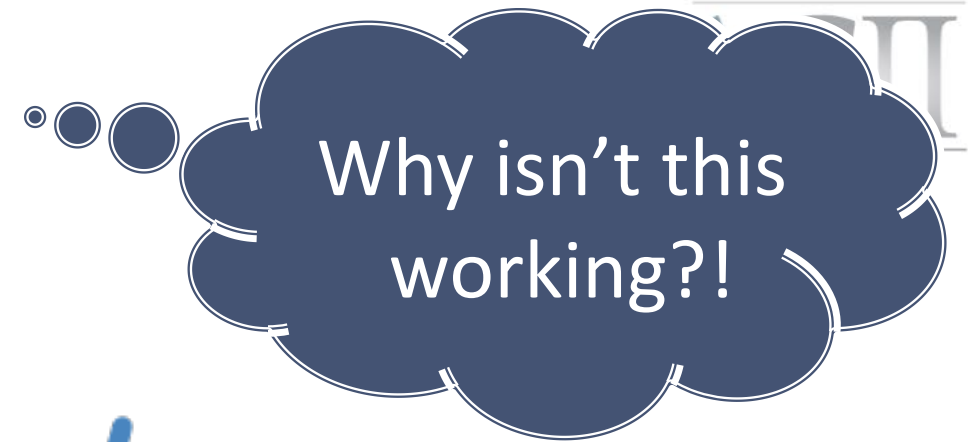


90 days



30 Minute
Sessions

Setting at 1,
little change in
heart rate, little
sweat



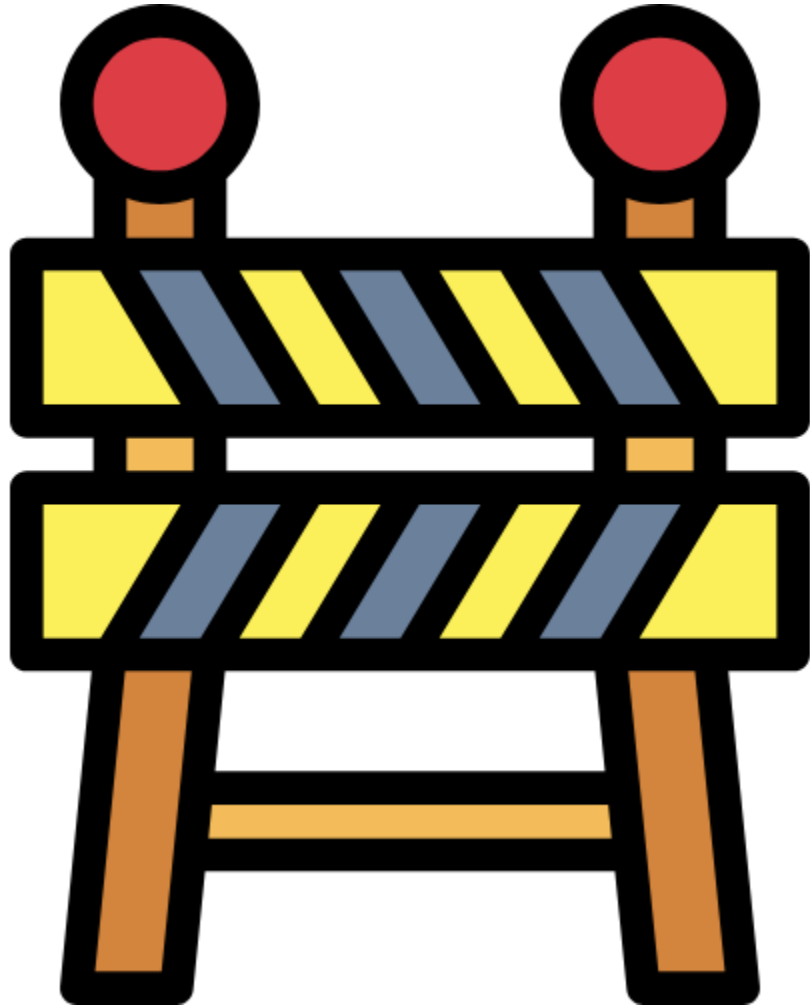


The Importance of Fidelity



- *Fidelity helps us understand which part of programs have an impact and which do not.*
- *Fidelity measures ensure that the replication and scaling of effective programs, remain impactful.*

Barriers to Fidelity



- Choosing the wrong focus
- Changing strategy too soon
- Scaling too quickly
- Staff changes
- Staff competence and expectations
- Lack of training support
- Lack of coaching support
- Limited resources
- Competing demands on staff time

IMPLEMENTATION FAILURE IS OFTEN DISGUISED AS INNOVATION FAILURE



FAILURE?

A Case Study

- The legislature has appropriated \$2 million to the Division of Housing to:
 - Provide subsidies and rent vouchers to landlords to support housing for
 - Individuals with felony convictions exiting prison
 - Individuals who are defined as chronically homeless by DOH
- Goal of funding is to support stable housing for 6 months or more
- Unused funds will be reverted and appropriation for next year will be adjusted as a result

A Case Study – The Non-Negotiables

- The legislature has appropriated \$2 million to the Division of Housing to:
 - Provide **subsidies and rent vouchers** to landlords to support housing for
 - **Individuals with felony convictions exiting prison**
 - **Individuals who are defined as chronically homeless by DOH**
- Goal of funding is to support **stable housing for 6 months or more**
- Unused funds will be reverted and appropriation for next year will be adjusted as a result

Non-Negotiables and Fidelity



Six months into the program you realize...



- You have a 90% acceptance rate among landlords with individuals identified as chronically homeless
 - Identifying individuals who meet the criteria has been tough
 - Most individuals who do qualify disappear after the initial screening
 - The average length of stay for those who receive housing is 2.5 months
- You have a 40% acceptance rate among landlords with individuals who are exiting prison
 - You were working with a staff person at DOC but they have since moved on and no one is returning your calls
 - Individuals in need of housing have some tough backgrounds and landlords are concerned
 - The average length of stay for those who receive housing is 5 months
- \$1.75 million remains unspent at this time



Volunteer

REFLECT & DISCUSS

Is there agreement on what the highest impact strategies are in your work?

Does everyone know what the non-negotiables are?

What opportunities exist here?



5 DYNAMICS^(TM)

OF EFFECTIVE IMPLEMENTATION



Implementation Challenges:

- Questionable outcomes
- Are we really doing it?
- Is it working?
- Are we meeting fidelity?

Implementation Activities:

- Building & adopting tools
- Identifying impactful data
- Collecting and sharing data across the organization

Applied tools and strategies:

- Abbreviated Dynamics Assessment
- 3 levels of fidelity
- 3 components of quality

